

SWIMMING TIMETABLE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
05:30-06:30	Swim Squad	05:30 - 09:00 Swim Squad	Swim Squad	05:30 - 09:00 Swim Squad	Swim Squad	Gym Closed	05:30 – 08:00 Gym Closed
06:30-07:15	Aqua		Aqua		Aqua		
07:15-08:15	Swim Squad		Swim Squad		Swim Squad		
08:30-09:30	Aqua		Aqua		Aqua		
09:30-10:30		Aqua		Aqua		Aqua	
10:30-11:30						Family Swim Time 11:00-12:00 4 Lanes (1 family per lane) Weekends & Public Holidays	
12:00-13:00	Swim Squad	Hydro	Swim Squad	Hydro	Swim Squad		
13:00-14:00	Aqua					Gym Closed	
14:30-15:00	Swim Squad	Swim Squad	Swim Squad	Swim Squad	13:45 - 17:00 Swim Squad		
15:00-15:45	Swim Squad	Swim Squad	Swim Squad	Swim Squad			
15:45-17:15	15:30 - 19:15 Swim Squad	15:45 - 19:15 Swim Squad	15:30 - 19:15 Swim Squad	15:30 - 19:15 Swim Squad			
17:15-18:15							
18:15-19:15							
19:15-20:15						Gym Closed	

KEY



Up to 6 lanes available *



Up to 4-5 lanes available*



Up to 2-3 lanes available*



2 lanes available

* subject to change